

Two become One

A unity ceremony is a great way to symbolise the joining together of two people and will add a unique touch to your celebration.

Some cultures and religions have their own meaningful unity ceremonies, such as the breaking of the glass or plates, and now more and more couples are incorporating other meaningful unity ceremonies in their weddings. Not only do they symbolise love, togetherness and your future together, they can be a special way to include children in your ceremony, and provide beautiful photo opportunities.

Choose a unity ceremony that means something to you as a couple, and that complements your venue and style of wedding. Liaise with your celebrant or minister about the specific wording you'd like during your unity ceremony – you can find some great passages online.

Here are some suggestions you might like to consider:



Sand ceremony

Choose contrasting coloured sand and take turns pouring it into a glass or vase, creating a pattern as they're layered. This is a great option for including children, and can be personalised by collecting some of the sand from a beach that holds special importance to you.



Unity candle

Each take a lit candle (it can be passed to you by your mothers) and together light a third 'unity' candle. Have your unity candle personalised with your names and wedding date and you'll be left with a beautiful keepsake.

Knot-tying ceremony

Using a rope, tie a fisherman's knot together. This is a great symbol for marriage as it is the strongest knot and only gets tighter with pressure.



Wine or beer ceremony

Each take a carafe of wine or bottle of your favourite beers and pour it into a single glass, which you then both drink from.



Lockbox ceremony

In a box, seal love letters and a bottle of wine that will age well, ready to be opened on a special anniversary.